

CENTRE CONNECTIONS

NEWSLETTER

SEPTEMBER-
NOVEMBER 2024



Have you stopped in to the center for a visit yet? The “fall buzz” had begun and we would love to see you !

We are open
M-F 9-5

Our Gender Affirming Closet opened recently and is ready for shoppers to come in and find the perfect fit!

Interested in donating? We are in need of gift cards (for size inclusive clothing/shoes) and monetary donations to support our purchasing of binders, packers, and other gender affirming items that are very size specific.



Our Center’s library continues to grow thanks to donations and under the lead of our amazing library volunteers Nicole and Kat!

If you are interested in donating please stop into the center during open hours and drop them off at reception.

We are currently looking for



Pride 2024 Merch on sale at a discounted price. Please stop into the center to get yours today!



A NEW PARTNERSHIP!

We are pleased to announce that we are partnering with Centre County YSB to offer a new program to serve LGBT+ youth in Centre County!

This program builds on the successful program (Big Brother/Big Sisters). The new Centre County Bigs and Littles Program entails connecting area youth with positive, affirming mentors.

Bigs & Little is a gender-inclusive program that is open to youth of all backgrounds and identities. It builds on the two organizations' shared mission of strengthening the resilience and well-being of Centre County youth through programming to help them reach their full potential.

Research shows that LGBT+ youth are at higher risk for negative mental health outcomes due to the pressures of rejection, bullying and other stressors, but research also shows that the presence of positive, accepting and affirming mentors makes a profound difference in the well-being and success of LGBT+ kids.

This gender-inclusive program is open to youth of all backgrounds and identities, the Bigs & Littles program will continue Centre LGBT+ and YSB's shared mission of strengthening the resilience and well-being of Centre County youth through programming to help them reach their full potential.

We are looking for Bigs for our Littles, if you are interested in learning more please sign up for an orientation session by visiting: <https://ccysb.com/bbbs-orientation-sign-up/>



Centre LGBT+ Bigs & Littles Program

This site-based program builds on the proven success of YSB's Big Brothers Big Sisters (or BBBS) program by connecting area youth with positive, affirming mentors.

This is a gender-inclusive program that is open to middle and high school age youth of all backgrounds and identities.



MATCHES WILL MEET
AT CENTRE LGBT+
(204 E. CALDER WAY)

Thursdays 5-6:30pm

PROGRAM
FACILITATED BY
ON-SITE BBBS STAFF
(transportation may be available upon request)

fun Games Art STEM connection

For more information, contact
Rebecca Lord (BBBS Program
Director) at rlord@ccysb.com



UPCOMING EVENTS

September 2024

SUN	MON	TUE	WED	THU	FRI	SAT
1	2 <i>Center Closed</i>	3	4 4-6 pm Welcome Reception for PSU LGBT+ Students, Alumni Hall	5	6 11am Golden Group Meeting @ The Center	7 11am Trans Identity Development Group @ The Center
8	9 10am Golden Group Coffee & Conversations, Good Day Cafe goldengroup@centrelgbtqa.org	10	11	12 7pm VIRTUAL Gender Identity Support Group 18+ beth@centrelgbtqa.org or elle@centrelgbtqa.org	13 7pm Pride in Progress 18-25 @ The Center logan@centrelgbtqa.org or teja@centrelgbtqa.org	14 11-5 Latin Fest! 1-3 ShouOUT (grades 5-8) Meeting @ The Center
15	16 10am Golden Group Coffee & Conversations, Good Day Cafe	17 7pm VIRTUAL Loved Ones Support Group 18+ lovedones@centrelgbtqa.org	18	19	20 6pm Golden Group Monthly Potluck @ Friends Meeting	21 1-3 Teen Group(grades 9-12) Meeting @ The Center
22	23 10am Golden Group Coffee & Conversations, Good Day Cafe	24 9am-5pm Stop by The Center and register to vote!	25 7pm Sapphic/Queer 18+ mok011353@gmail.com elizabeth.a.fuhrman@gmail.com	26 7pm IN PERSON Gender Identity Support Group 18+ at Friends Meeting	27 9-10am Coffee with Cat @ The Center	28
29	30 10am Golden Group Coffee & Conversations, Good Day Cafe					

For a complete list of events including any changes please visit:

<https://www.centrelgbtplus.org/events>



Please stay in touch!



info@centrelgbtqa.org




814-308-9670

UPCOMING EVENTS



OCTOBER 2024



SUN	MON	TUE	WED	THU	FRI	SAT
		1 GAYLA TICKETS ON SALE TODAY! https://www.centre-lgbtplus.org/events	2 5-7:30 PM LGBT+ Town Hall @ The Borough Building	3	4 11am Golden Group Meeting @ The Center	5 11am Trans Identity Development Group @ The Center cecil@centrelgbtqa.org or Marcy@centrelgbtqa.org
6	7 10am Golden Group Coffee & Conversations, Good Day Cafe goldengroup@centrelgbtqa.org	8	9 6pm National Coming Out Day Event, Penns Valley	10 7pm VIRTUAL Gender Identity Support Group 18+	11 7pm Pride in Progress 18-25 @ The Center logan@centrelgbtqa.org or teja@centrelgbtqa.org	12 10-3 Fall Fest 11-1 ShouOUT (grades 5-8) Meeting @ The Center
13	14 10am Golden Group Coffee & Conversations, Good Day Cafe	15 7pm VIRTUAL Loved Ones Support Group 18+ lovedones@centrelgbtqa.org	16	17	18 6pm Golden Group Monthly Potluck @ Friends Meeting goldengroup@centrelgbtqa.org	19 1-3 Teen Group (grades 9-12) Meeting @ The Center carmen@centrelgbtqa.org or boni@centrelgbtqa.org
20	21 10am Golden Group Coffee & Conversations, Good Day Cafe	22	23	24 7pm IN PERSON Gender Identity Support Group 18+ at Friends Meeting	25 9-10am Coffee with Cat @ The Center	26
27	28 10am Golden Group Coffee & Conversations, Good Day Cafe	29	30 7pm Sapphic/Queer 18+ @ TBA mok011353@gmail.com or elizabeth.a.fuhrmann@gmail.com	31 6pm-Glitter & Ghouls Party at Chumley's Costume Contest! 		


For a complete list of events including any changes please visit:

<https://www.centrelgbtplus.org/events>

UPCOMING EVENTS



2024 November

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2 11am Trans Identity Development Group @ The Center cecil@centrelgbtqa.org OR marcy@centrelgbtqa.org
3	4 10am Golden Group Coffee & Conversations, Good Day Cafe goldengroup@centrelgbtqa.org	5 	6	7	8 7pm Pride in Progress 18-25 @ The Center logan@centrelgbtqa.org or teja@centrelgbtqa.org	9 1-3 ShouOUT (grades 5-8) Meeting @ The Center info@centrelgbtqa.org
10	11 10am Golden Group Coffee & Conversations, Good Day Cafe	12	13	14 7pm VIRTUAL Gender Identity Support Group 18+ beth@centrelgbtqa.org or elle@centrelgbtqa.org	15 6pm Golden Group Monthly Potluck @ Friends Meeting goldengroup@centrelgbtqa.org	16 1-3 Teen Group(grades 9-12) Meeting @ The Center carmen@centrelgbtqa.org or boni@centrelgbtqa.org
17 5:30 PM Giving Thanks Meal at State College Presbyterian	18 10am Golden Group Coffee & Conversations, Good Day Cafe	19 7pm VIRTUAL Loved Ones Support Group 18+ lovedones@centrelgbtqa.org	20	21	22	23
24	25 10am Golden Group Coffee & Conversations, Good Day Cafe	26	27 7pm Sapphic/Queer 18+ mok011353@gmail.com elizabeth.a.fuhrmann@gmail.com	28 7pm IN PERSON Gender Identity Support Group 18+ beth@centrelgbtqa.org or elle@centrelgbtqa.org At Friends Meeting	29	30 GAYLA TICKETS REMINDER-NEW VENUE! centrelgbtplus.org/events



January 25 | 7PM

New Venue!

 **WYNDHAM GARDEN**[®]
State College



ANNOUNCEMENTS



Please meet Erin Mietus (They/Them), our new Youth Program Coordinator who will be focusing on youth in rural areas bringing them exciting after school programming. Erin is an emerging public health leader with a strong commitment to advancing diversity, equity, inclusion, and accessibility (DEIA). In their leadership roles at oSTEM, including as Interim Vice President of Inclusion, Diversity, Equity, and Accessibility, they have spearheaded the development of strategies aimed at fostering inclusive environments for LGBTQ+ individuals in STEM, while ensuring accessibility across physical and digital platforms. Erin brings extensive experience as a public speaker and educator, having designed and delivered impactful workshops such as Allyship in Action™. Their work centers on cultivating inclusive communities and advocating for underrepresented groups, with a specific focus on addressing the intersectionality of neurodiversity and gender identity. Erin is deeply committed to driving equitable health and social outcomes for multiply marginalized individuals by empowering others with the tools for respectful and responsive communication.

Meet our newest Board Members...



Glenda Palmer (She/Her), Events Chair

Glenda grew up in Mifflin County and moved back right before the pandemic from Seattle Washington. She was very active and volunteered in the LGBTQ+ community in Seattle and Olympia areas.

An employee of Penn State in the Human Research Department she is planning her retirement in the next few years. Glenda is also the co-facilitator of the Golden Group for the 55+ demographic with the group at over 50 members strong. Glenda is passionate about creating a large, supportive community for all!

In her free time, she loves to go camping with her dogs, Cosmo and Kramer and kayaking with her granddaughter, Myelyn.

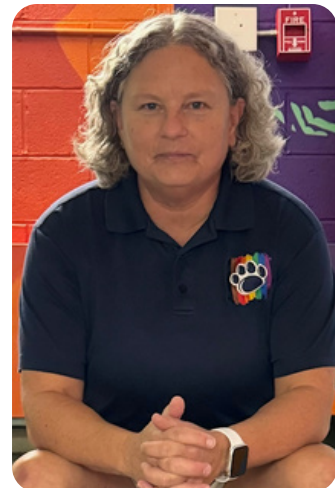
Sonya Wilmoth (She/Her), Member at Large

A Maryland native, Sonya has lived in State College for over ten years. She began her career at Penn State as the Assistant Director of the then LGBTQ Student Resource Center. She was elevated to Director of the Center for Sexual and Gender Diversity in July of 2020. She has provided support and advocated for students, faculty, staff, and alumni.

She currently serves as the chair of the State College Borough LGBTQ Advisory Commission, and co-chair of the Rainbow Roar Employee Resource Group on campus.

Wilmoth received her Bachelor of Arts in English from La Salle University and a Master of Science in Administration with a concentration in Sports and Athletics Administration in 1995 from West Chester University. She completed a second Master's in Higher Education with a concentration in administration from Penn State World Campus in 2018.

Prior to her work in student affairs, Wilmoth enjoyed a successful career in athletics at West Chester University and The University of North Florida as head softball coach at both institutions. She served as an adjunct professor at the University of North Florida and Jacksonville University in their sports administration program. In her free time Sonya enjoys reading, time at a beach and spending time with her daughter Dylan.



WE ARE HIRING!

Staff Assistant

Position Overview:

The Staff Assistant plays a pivotal role in ensuring the smooth and efficient operation of the executive office. This position requires a highly organized, detail-oriented individual who is proactive, professional, and capable of handling multiple tasks. The ideal candidate will be committed to the mission of Centre LGBT+ and demonstrate a strong understanding of justice, equity, diversity, and inclusion principles. Own transportation is required and ability to travel to events.

Position is Part Time \$15/hour and require schedule flexibility

[APPLY NOW](#) 

VOLUNTEERS NEEDED

Center Volunteers

We are looking for volunteers who can assist in welcoming visitors, giving tours, light reception work, organizing, library/book check out/in, and more! Plenty of opportunities to get involved. Hours needed: M-F 9-5, you choose how much you can do and when.

Interested? Have a question? Contact Tim at volunteers@centrelgbtqa.org or fill out the form by clicking below.



[CLICK HERE](#) 



HELP OUR LIBRARY GROW



[DONATE](#) 



Special THANKS to Nicole and Kat for their dedication to growing our library!

